

## **GOLDEN LAUREL/MATURE SKIN**

### **DAYTIME/NIGHTTIME**

1. *Clean; Apply a nickel size amount of **Oxygen Revitalizing Cleanser** to the face massaging with circular motion over forehead, temples, cheek, chin and neck area. Allow it to sit for 5 seconds then completely remove with damp, warm cloth.*
2. *Tone; Pump a quarter size amount of the **Vital Hydrant Toner** and apply all over face and neck. Remove any excess with cool cloth or cotton pad.*
3. *Serum: Apply the **Complex C Serum** all over face and neck area with slight gentle upward massage motion. Let this absorb for 1 minute.*
4. *Moisturize; Apply a dime size amount of **Super Firming Crème** applying it to the forehead, temples, cheek, chin and neck area. Or **Ultra Soy Peptide Crème** can also be used in this treatment in place of the Super Firming Crème.*
5. *Before heading out apply the **Advanced SPF 30** to protect your face from harsh element exposure.*

### **2-3 TIMES A WEEK**

1. *Follow steps 1-2 then Apply a thick layer (dime in consistency) of the **AHA Mint Masque** around the face and neck area (avoid using it to close under the eyelid). Allow it to sit for 30 minutes and remove with a damp, warm wash cloth.*
2. *Next; Apply a quarter size **Papaya Crème Enzyme Polish** and massage in a gentle upward motion to face and neck area. Do not use pressure while massaging. Massage for 1 to 2 minutes. Rinse completely with tepid or warm, damp towel.*
3. *Tone; Pump a quarter size amount of the **Vital Hydrant Toner** and apply all over face and neck. Remove any excess with cool cloth or cotton pad.*
4. *Serum: Apply the **Luminous Peptide Serum** all over face and neck area with slight gentle upward massage motion. Let this absorb for 1 minute.*
5. *Moisturize; Apply a dime size amount of **ALA Eye & Neck Lifting Crème** applying it to the forehead, temples, cheek, chin and neck area.*

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