

OILY/ACNE PRONE SKIN

DAYTIME:

1. Clean; Apply a nickel size amount of **AHA/BHA Exfoliating Cleanser** to the face massaging with circular motion over forehead, temples, cheek, chin and neck area. Allow it to sit for 5 seconds then completely remove with damp, warm cloth.
2. Tone; Spritz **Herbal Blend Astringent** over all over the face, neck. Allow it to absorb and dry on the skin (10 to 20 seconds).
3. Moisturize; Apply a dime size amount of **Sage & Citrus Moisturizer** applying it to the forehead, temples, cheek, chin and neck area. Or if the blemishes or acne spots need to be smoothed out apply a dime size of the **Glycolic Gel Renewal**.
4. Before heading out apply the **Advanced SPF 30** to protect your face from harsh element exposure.

NIGHTTIME:

1. Follow steps 1-2 then apply a thin layer of the **Clarifying Camphor Masque** all over the face, neck and back area that are problematic. Allow it to sit from 5-25 minutes and remove with a damp, warm wash cloth.
2. Lastly do steps 2-3 again and you are now finished.

2-3 TIMES A WEEK

1. Follow steps 1-2 then Apply a quarter size **Honey Almond Scrub** and massage in a gentle upward motion to face and neck area. Do not use pressure while massaging. Massage for 1 to 2 minutes. Rinse completely with tepid or warm, damp towel.
2. Lastly do steps 2-3 again and you are now finished.